

Dear Parent or Guardian,

Recently, your child participated in a Courage Retreat conducted by Youth Frontiers. Youth Frontiers, Inc. is a nonprofit organization that partners with schools to create more positive school communities. Through programs that help young people realize the importance of living a life of character, Youth Frontiers is transforming the day-to-day experience in schools across America so that our schools—and therefore our kids—can thrive.

To continue the positive effects of the experience, we believe it's important for the entire community to be involved in supporting and communicating the messages delivered on the retreat. Therefore, we've provided an overview of the retreat and some discussion questions for you to use in conversation with your children to find out more about the retreat and its impact.

Courage Retreat

It takes courage to stand up for what's right. And it takes courage to stand up for your values when your peers are going in the opposite direction. In an action-packed day, the Youth Frontiers Courage Retreat empowers middle school students to examine their fears and commit themselves to acting with courage. The Courage Retreat helps build a more inclusive school community by encouraging students to accept people for who they are, resist following the crowd, and act with moral courage despite their fears.

Questions to ask your child about the Courage Retreat:

- What activities did you find fun?
- What were the small group leaders like?
- What were some of your fears or your classmates' fears that you discussed?
- What happened during the jump rope activity?
- What are you going to do to help your school be a better place?
- What was the most important thing you learned?

Youth Frontiers, Inc. would like to thank you for your continued support for programs such as ours within your child's school. Please visit us online at www.youthfrontiers.org or give us a call at 952.922.0222 if you have any questions, comments, or suggestions.

Sincerely,

Youth Frontiers, Inc.