

# Sample Letter for Parents/Caregivers

## Hmong Version

Hawmtxog Niamtxiv/Cov saibxyuas,

Peb lub tsev kawmntawv ntseeg tias uantej uas ib tug tub kawmntawv yuav ua tau zoo nyob rau hauv tsev kawmntawv, tub kawmntawv yuav tsum txaus siab rau nws tus kheej thiab muaj kev kajsiaj nojqab nyobzoo tsosiaj lug. Vim peb xav tsim kom muaj kev nyabxeeb sibtsaug zoo nrog rau txhua haivneeg, peb tau caw kom Youth Frontiers tuaj muab ib lub rooj cobqhia txog kev ua siabdawb siabzoo (Kindness Retreat).

Txij thaum 1987 Youth Frontiers, yog ib lub koomhaum uas tsis cais pab pawag twg (a nonpartisan, nonprofit organization) nyob rau hauv nroog Minneapolis, yeej ibtxwm npaj tej yam xeejxwm zoo li no uas yog los txhawb tej pejxeem tsev kawmntawv kom muaj kev sibtsaug zoo thiab pab rau cov hluas sawvdaws kom tsimxav txog txoj kev tseemceeb uas lawv yuav tau hwm lawv tus kheej thiab saib taus lwm tus. Lawv lub zeem muag yog los hloov cov hluas txoj kev haislus ib leeg fwm ib leeg thaum sibtsib ntawm tej kistsev (hallway), thaum ua kab mus nojsu thiab nyob hauv chavkawm ntawm txhua lub tsev kawmntawv hauv tebcahws America no sub cov hluas nyob rau tamsim no thiaj li yuav hloov tau kom lawv lub neej tagkis zoo dua tuaj.

Nyob rau ntawm lub rooj cobqhia Kev Uasiab Dawb/Siabzoo (Kindness Retreat) no, cov tsavxwm hauv Youth Frontiers yuav los ua tibzoo xyuas kom muaj kev ruajtseg zoo dua tuaj nyob rau hauv tej zejzrog tsev kawmntawv uas yog yuav npaj muab ntau yam kev cobqhia rau cov tub kawmntawv no kawm los pab ntxiv rau lawv txoj kev xav thiab lawv kev to taub txog lwm tus. Thiab qhia tej yam kev uas yuav pab tau lawv kom txhob pub muaj kev sib thum tsodag haislus phem tsis zoo rau ib tug twg.

Lub rooj cobqhia muaj zog, uas sawvdaws yuav sibcog kawm no yuav muab teem rau \_\_\_\_\_ rau cov kawm qib \_\_\_\_\_ thiab yuav muaj nyob rau ntawm \_\_\_\_\_.

Uantej uas txoj kev ruajtseg/yabxeeb no yuav huam vam tuaj raws li lub siabxav, peb ntseeg tias qhov no yog ib yam tseemceeb uas tagrho ib cuab pejxeem sawvdaws yuav tau los sib koomtes txhawb nqa thiab sibtham nrig txog cov lusqhia uas tau muab nyob hauv lub Rooj Cobqhia no. Vim li no, peb thov nquaghu kom nej cov niamtxiv thiab cov saibxyuas yuav tsum tau nrog nej cov minyuam tham thiab nug lawv txog lub rooj cobqhia no saib lawv mus kawm tau dabtsis lawv li tej nqe lus nram qab no thaum lawv los txog tsev.

1. Yam kev cobqhia twg ua rau koj muaj kev lomzem tshaj?
2. Cov thawjcoj ntawm tej pab me me koj puas tau zoo?
3. Tej yam kev siabphem neeg ua tsis zoo nyob rau tom tsev kawmntawv uas nej tau tham txog yog dabtsi?
4. Tej yam kev phem haislus tsis zoo no puas tau ua rau koj mobsiab/tusiab?
5. Koj puas tau tham txog saib koj tamli ib lub chavkawm yuav los daws tej teebmeem no licas?
6. Yam tseemceeb tshajplaws koj kawm tau yog dabtsi?
7. Ib yam uas koj ua tau tagkis nyob rau tom tsev kawmntawv qhia txog kev ua siabzoo yog dabtsi?

Thov mus xyuas [youthfrontiers.org/kindness-retreat](https://youthfrontiers.org/kindness-retreat) yog koj xav paub ntxiv txog Youth Frontiers, muaj ntaubntawv nyeem thiab muaj daim video rau niamtxiv xyuas txog lub rooj cobqhia Kindness Retreat.

Nrog kev ncajnnees,

Thawjcoj Tsev Kawmntawv lossis Kws Qhiantawv