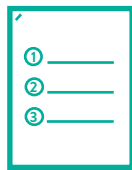




## Follow-up Materials

Character matters every day. To support your ongoing efforts to inspire character in your students, we provide several follow-up tools. You can find all of our follow-up materials at [youthfrontiers.org/courage-retreat-materials](https://youthfrontiers.org/courage-retreat-materials). If you have any questions or feedback, please let us know by emailing [info@youthfrontiers.org](mailto:info@youthfrontiers.org).



### Reflection Journals

We provide journal exercises that help students to reflect on the retreat soon after it happens. Students solidify their role in making their school a more positive place.



### Student Evaluations

Our online evaluation measures shifts in cognition, attitude and perception of behavior as a result of the retreat experience. Your evaluation link will be emailed to you two weeks after your retreat.



### Flashback Video

This short video features some of our Retreat Facilitators and reminds your students of the messages of courage that they learned on their retreat.



### Conversation Starters

Dive deeper into the lessons of the Courage Retreat with these thematically grouped conversation starters. These are ideal for morning meetings or advisory periods.

# Keep the Inspiration Alive

## *Follow-up Tips from Fellow Educators*

- 1 Put up the Courage Retreat posters in key places around school.
- 2 Highlight a student each month for acting with courage.
- 3 Have students wear their Courage Retreat buttons.
- 4 Create a “1,000 Acts of Courage” month.
- 5 Have an essay contest about the retreat.
- 6 Have leaders of the class make a video calling back to the lessons of the retreat.
- 7 Follow Youth Frontiers on social media for positive character resources and stories.
- 8 Bring Youth Frontiers back to your school with an educator retreat or parent keynote.

