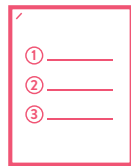




Follow-up Materials

Character matters every day. To support your ongoing efforts to inspire character in your students, we provide several follow-up tools. You can find all of our follow-up materials at youthfrontiers.org/kindness-retreat-materials. If you have any questions or feedback, please let us know by emailing info@youthfrontiers.org.



Reflection Journals

We provide journal exercises that help students to reflect on the retreat soon after it happens. Students solidify their role in making their school a more positive place.



Student Evaluations

Our online evaluation measures shifts in cognition, attitude and perception of behavior as a result of the retreat experience. Your evaluation link will be emailed to you two weeks after your retreat.



Flashback Video

This short video features some of our Retreat Facilitators and reminds your students of the messages of kindness that they learned on their retreat.



Conversation Starters

Dive deeper into the lessons of the Kindness Retreat with these thematically grouped conversation starters. These are ideal for morning meetings or advisory periods.

Keep the Inspiration Alive

Follow-up Tips from Fellow Educators

- 1 Put up the Kindness Retreat posters in key places around school.
- 2 Highlight a student each month with a Kindness Award.
- 3 Have students wear their Kindness Retreat buttons.
- 4 Create a “1,000 Acts of Kindness” month.
- 5 Have an essay contest about the retreat.
- 6 Have leaders of the class make a video calling back to the lessons of the retreat.
- 7 Follow Youth Frontiers on social media for positive character resources and stories.
- 8 Bring Youth Frontiers back to your school with an educator retreat or parent keynote.

